

PRE SCHOOL CLASSES

Isadora Duncan (Famous Dancer/ Choreographer) once said: *“Let us teach little children to breathe, to vibrate, to feel and to become one with the general harmony and movement of nature. Let us first produce a beautiful human being, a dancing child.”*

Preschool classes are Creative movement classes which enable children to develop their bodies, minds, confidence and ability to communicate and express themselves. Advantages of pre-school classes:

- Enhance children’s abilities & fitness
- Aid children to become physically and spatially aware
- Stimulate children’s listening skills
- Encourage expressive movement
- Build confidence and self-esteem
- Encourage children to become co-operative and sociable.